

Newsletter of the  
Rocky Mountain Section  
of IFT - Internet Version



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# RMIFT

ROCKY MOUNTAIN INSTITUTE  
OF FOOD TECHNOLOGISTS

October, 2005



## DINNER AND TOUR!!

*Tour of Left Hand Brewery &  
Dinner at Pumphouse Brewery*

**DATE: Tuesday, October 18th, 2005**

**LOCATIONS & TIMES:**

**TOUR (6 P.M.)**

Left Hand Brewery  
1265 Boston Ave.  
Longmont CO 80501  
(303) 772-0258

BREWER@LEFTHANDBREWING.COM

**DINNER (7:15 P.M.)**

Pumphouse Brewery  
540 Main Street  
Longmont CO 80501  
(303) 702-0881

### - Menu -

- **CHOICE OF SOUP OR SALAD TO START**
- **CHOICE OF ONE OF THE FOLLOWING ENTREES:**
- **STEAK GORGONZOLA PASTA**  
Sautéed sirloin with garlic, mushrooms & fresh rosemary in a rich gorgonzola cream sauce, tossed with farfalle pasta.
- **FISH & CHIPS**  
Tender Alaskan cod in our Igniter Pale Ale beer batter, served with French fries, coleslaw & tartar sauce.
- **CILANTRO-LIME SHRIMP TACOS**  
Three flour tortillas stuffed with shrimp, lettuce, pepperjack cheese, tomatoes & cilantro-lime vinaigrette, served with black bean corn salad, sour cream & salsa.
- **PRIME RIB FRENCH DIP**  
Eight ounces of thinly shaven prime rib served on a toasted garlic hoagie with au jus, horse-radish sauce, and french fries.
- **SPINACH & BALSAMIC**  
Fresh spinach lightly tossed in balsamic vinaigrette, topped with bacon crumbles, gorgonzola cheese, chopped pecans, sliced mushrooms, shaved red onions & red bell peppers. Served with toasted garlic bread. (Can be ordered vegetarian)

(End of Entrees - Menu Continued on Next Page)

## DINNER AND TOUR!! - Continued from page 1

### - Menu (Continued from page 1) -

- **CHOICE OF BOULDER ICE CREAM FOR DESSERT:**  
Vanilla bean, espresso, chocolate malt
- **SODA, COFFEE AND TEA**
- **CAN PURCHASE ALCOHOLIC BEVERAGES**

**COST: \$10 STUDENTS • \$15 IFT MEMBERS • \$20 NON-MEMBERS**

RSVP by NOON October 17th (Monday) to Kris Zehren via email at  
zehren@hain-celestial.com or call Kris at 303.581.1285

### **DIRECTIONS:**

#### **Directions from Denver to Left Hand Brewery:**

- I-25 N / US-87 N toward FT COLLINS. (28.5 miles)
- Take the CO-119 W exit- EXIT 240- toward LONGMONT. (0.2 miles)
- Turn LEFT onto CO-119 / CR-24. Continue to follow CO-119 S. (4.7 miles)
- Turn RIGHT onto E 3RD AVE. (2.2 miles)
- Turn LEFT onto PRATT ST. (0.2 miles)
- PRATT ST becomes PRICE RD. (0.2 miles)
- Turn SLIGHT RIGHT onto BOSTON AVE. (0.2 miles) / End at 1265 Boston Ave

#### **Directions from Boulder to Left Hand Brewery:**

- FOOTHILLS PKWY / CO-157 N. (2.5 miles)
- FOOTHILLS PKWY / CO-157 N becomes CO-119 N / DIAGONAL HWY. (8.5 miles)
- Turn SLIGHT LEFT onto S HOVER ST / CR-19 N. (1.2 miles)
- Turn RIGHT onto BOSTON AVE. (0.8 miles) / End at 1265 Boston Ave

#### **Directions from Fort Collins to Left Hand Brewery:**

- I-25 S / US-87 S toward DENVER. (29.0 miles)
- Take the CO-119 W exit- EXIT 240- toward LONGMONT. (0.2 miles)
- Turn RIGHT onto CO-119 S. (4.5 miles)
- Turn RIGHT onto E 3RD AVE. (2.2 miles)
- Turn LEFT onto PRATT ST. (0.2 miles)
- PRATT ST becomes PRICE RD. (0.2 miles)
- Turn SLIGHT RIGHT onto BOSTON AVE. (0.2 miles) / End at 1265 Boston Ave

#### **Directions from Left Hand Brewery to Pumphouse:**

- Start out going EAST on BOSTON AVE toward S GRANT ST. (0.2 miles)
- Turn SLIGHT LEFT onto PRICE RD. (0.2 miles)
- PRICE RD becomes PRATT ST. (0.2 miles)
- Turn RIGHT onto 3RD AVE. (0.2 miles)
- Turn LEFT onto US-287 / MAIN ST. (0.2 miles) / End at 540 Main St

## DINNER AND TOUR!! - Continued from page 2



### About LEFT HAND BREWING COMPANY

Left Hand Brewing Company is a craft brewery located in the Colorado town of Longmont, some 30 miles north of Denver and 12 miles east of Boulder. The name has its origin in local history. The founders of the company were living in the nearby town of Niwot, named after an Arapahoe Indian chief when the brewery opened in the winter of 1993-94. The name Niwot actually means "Left Hand". Left Hand Brewing Company merged with Tabernash Brewing Company, a Denver craft brewery, in April of 1998. Shortly after the merger, the company started its own distribution company, Indian Peaks Distributing Company, which opened for business in November of 1998. The distribution company complements the brewery's mission of bringing well-made, high-quality beers to the Colorado market by importing into Colorado beers from 27 different suppliers from around the U.S. and the world. The Brewery employs 34 people dedicated to brewing and selling good beer between the brewing and distribution sides of our company.

Left Hand Brewing Company brews on a 20 barrel system, producing over 20 different beers through the course of the year. Brewing production in 2004 was about 9000 barrels. The Brewery is known for their tasty, well-balanced beers that are developed with flavor in mind, and, therefore, tend to pair very nicely with food.

The beers reflect the quest for balance between hops and malt and between intensity and harmony of flavors. The Brewery believes that beer brings balance to meals and to social occasions. Beer contributes to a balanced life. Balance between work and fun, chores and hobbies, between community and business and friends. Make time for a beer or two!

Left Hand Brewing Company – Guaranteed Right Brain Satisfaction



### • **EVERYONE PLEASE WELCOME, KRIS ZEHREN, OUR NEW RMIFT CHAIR ELECT!**

After completing her Bachelor's degree in Communication at the University of Wisconsin-Milwaukee, Kris became interested in Food Science and Nutrition while working in the Human Resource Department at Outpost Natural Foods in Milwaukee, WI. She moved to Colorado 4 years ago to pursue a Master's degree in Nutrition at Colorado State University. During her first semester at CSU she switched from studying Nutrition to Food Science and couldn't be happier. While in school she worked as a Graduate Teaching Assistant for a Food Science cooking laboratory, Kris was the Treasurer of the Food Science and Brewing Club, and worked in Research and Development at Nestle Hand Held Food Group in Englewood during the summer. She is currently finishing up her thesis to complete her Master's degree and is working as a Food Scientist for the Hain-Celestial Group in Boulder. She became involved with the RMIFT over two years ago and has had the honor of attending both the Las Vegas and New Orleans' Annual Meetings. She joined the RMIFT executive committee in September as Chair-Elect.



Thank you to everyone who participated in the RMIFT Expo. It was another beautiful day in our gorgeous state for the annual golf tourney at Fossil Trace, which was held on September 21st. There were a total of 28 players, and 7 teams. In all, 20 companies participated in the event. We doubled our attendance from previous years, and hope to have an even better turn-out next Fall...start planning to be a part of this exciting tournament now!! Thank you to all of the companies who sponsored holes and donated prizes.

*We would like to thank the following companies for their support toward student scholarships:*

- ☆David Michael & Co., Inc. ☆Edlong Dairy Flavors ☆Grain Processing Corporation  
☆GTC Nutrition ☆Gum Technology Corporation ☆Mastertaste, Inc.  
☆Oat Ingredients, LLC ☆Pasta Fresca, Inc. ☆QA Products ☆T. Hasegawa, Inc.  
☆Tate & Lyle ☆TIC Gums, Inc. ☆Watson, Inc. ☆Western Flavors & Fragrances

## == A Special Thank You! ==

**ROCKY MOUNTAIN IFT WOULD LIKE TO THANK JANICE BROWN, CHRISTINA MUNTEANU, MARISSA BUNNING, SUDA LAPAKULCHAI, AND ASHLEY ARMFIELD--ALL FROM CSU, FOR VOLUNTEERING AT THE FOOD EXPO. WE REALLY APPRECIATE YOUR HELP!**

# RMIFT

ROCKY MOUNTAIN INSTITUTE  
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## RMIFT EXPO 2005 - New Venue

This year the RMIFT Expo was held at a new location--the historical Mile High Station in Denver. This unique setting provided a rustic, casual yet elegant, environment for our Expo. We sincerely hope that all attendees and exhibitors alike enjoyed the new location as well as the proximity to the amenities of downtown Denver. Thank you!

### EMPLOYMENT OPPORTUNITIES

*Please also check our website for more postings.*

Our NEW employment coordinator is Cherie Terrel. If you have a job you would like posted on our website, please email Cherie at [cterrel@pwt.com](mailto:cterrel@pwt.com)

***Please do not send resumes to Cherie!***

Please check out our website for current job postings.

**FIND THE  
RIGHT . . .**

**PERSON!**  
 **POSITION!**

Rocky Mountain IFT Newsletter is published in August, October, February, and April. The opinions expressed in this newsletter are the opinions of the contributors and do not necessarily represent the official position of IFT, nor of the Division, and should not be interpreted as such.



**RMIFT**  
ROCKY MOUNTAIN INSTITUTE  
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**WEBSITE**

[www.ift.org/sections/rockymountain](http://www.ift.org/sections/rockymountain)

Remember to check our web site for info on upcoming meetings, members, job announcements, food industry links & more!

# Rocky Mountain Section of IFT Dues Renewal

To receive the newsletter and stay informed you must be an RMIFT member! To ensure you continue to be a part of the action, complete this dues renewal form and mail it to the address listed. The RMIFT newsletter is distributed by e-mail so be sure to include your e-mail address.

(Some of you pay through National IFT and they will send us your information).

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## RMIFT Membership Form

(Dues run from Jan 1 to Dec 31)

Name \_\_\_\_\_

Company \_\_\_\_\_

Mailing Address \_\_\_\_\_  
\_\_\_\_\_

Phone \_\_\_\_\_

FAX \_\_\_\_\_

Email Address \_\_\_\_\_

**Mail To:**  
Ann Schimschal  
RMIFT Secretary  
13218 Kearney St.  
Thornton, CO 80602

Professional Member \$15.00

Student Member \$5.00

Make checks payable to: Rocky Mountain Section IFT