

Newsletter of the
Rocky Mountain Section
of IFT - Internet Version



RMIFT

ROCKY MOUNTAIN INSTITUTE
OF FOOD TECHNOLOGISTS

February, 2007

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Please Join Us for Dinner,
Drinks, and an Informative
and Educational Night
with speaker Clare Hasler!!
Thursday, February 22, 2007

SPEAKER: CLARE M. HASLER, EXECUTIVE DIRECTOR
ROBERT MONDAVI INSTITUTE FOR WINE AND FOOD SCIENCE
COLLEGE OF AGRICULTURAL AND ENVIRONMENTAL SCIENCES,
UNIVERSITY OF CALIFORNIA/DAVIS

TOPIC: FUNCTIONAL FOODS AND NUTRACEUTICALS IN PROMOTING A
HEALTHY HEART

- This lecture will provide an overview of the current research supporting the role of several functional foods and/or nutraceutical ingredients in promoting a healthy heart, including omega-3 fatty acids, soy isoflavones, chocolate polyphenolics, lycopene from processed tomato products and nuts.

DATE: THURSDAY, FEBRUARY 22, 2007

PLACE:



3050 Illinois St.
Golden, CO 80401
(303) 277-8750

www.fossiltrace.com

Please Join Us for Dinner . . . Cont'd. from Page 1

SOCIAL HOUR: 5:30 - 6:15PM

DINNER: 6:15PM

SPEAKER: 7:00PM



3050 Illinois St.
Golden, CO 80401
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Please join us for an informative and educational evening as Clare M. Hasler discusses Functional Foods and Nutraceuticals in Promoting a Healthy Heart. Dr. Hasler received her B.S. in Human Nutrition from Michigan State University, and an M.S. in Nutrition Science from The Pennsylvania State University. In 1990, she was awarded a dual Ph.D. in Environmental Toxicology and Human Nutrition from Michigan State University. From 1990-1992, Dr. Hasler was a postdoctoral fellow in the Laboratory of Cellular Carcinogenesis and Tumor Promotion at the National Cancer Institute, National Institutes of Health. She received her MBA from the University of Illinois at Urbana-Champaign in May 2003.

From 1992 to 2000, Dr. Hasler served as the founding director of the Functional Foods for Health (FFH) Program—a joint effort between the Chicago (UIC) and Urbana-Champaign (UIUC) campuses of the University of Illinois. Dr. Hasler is an internationally recognized expert on the topic of functional foods and nutraceuticals.

In February 2004, Dr. Hasler was appointed as the Founding Executive Director of the Robert Mondavi Institute (RMI) for Wine and Food Science at the University of California at Davis. In this capacity, Dr. Hasler will lead programming and vision-development efforts for the Institute, as well as guide fund-raising activities. She will also serve as the University's primary liaison to the wine and food industries. The RMI is poised to become the global innovator in university-based wine and food programs, and will house the largest and most prestigious wine and food science academic program in the world.

Dr. Hasler is a member of a number of professional societies, including the American Association for Cancer Research, American Association of Cereal Chemists, Institute of Food Technologists, American Society for Nutritional Sciences, American Association for the Advancement of Science, and Sigma Xi. Dr. Hasler currently serves on the editorial/advisory boards of the *Journal of Nutraceuticals, Functional and Medical Foods*; *Journal of the American Nutraceutical Association*; *Journal of Medicinal Food*; *Health Ingredients & Nutrition*, and *Current Concepts in Nutraceutical Research*. In 1998, Dr. Hasler was recognized as one of the "Top 25 Food Influentials" by *Self Magazine*. In addition, she received a Meritorious Service Award from the United Soybean Board in 1999 for her work on the soy protein health claim; in 2000, she was awarded the Recognition of Service Award from the American Dietetic Association. She authored the Scientific Status Summary on Functional Foods in 1998 for the Institute of Food Technologists, and the Position Paper on Functional Foods for the American Council on Science and Health in 2002. She is also the co-author on the 2004 American Dietetic Association Position Statement on Functional Foods.

Dr. Hasler writes extensively on functional foods and other health-related issues and is a widely requested speaker on the topic by industry, academia and the media. She has given more than 300 presentations since 1997 related to the topic of functional foods both nationally and internationally (20 countries) and has participated in numerous radio and television interviews, including CNN, the BBC, CBS News 48 Hours, and Dateline NBC.

Please Join Us for Dinner . . . Cont'd. from Page 2

- Menu -

FOSSIL TRACE HOUSE SALAD

Fresh mixed greens with sliced red onions, tomatoes, and homemade sherry vinaigrette

(CHOOSE ONE FROM THE FOLLOWING FOUR ENTREES):

1. RICOTTA STUFFED CHICKEN BREAST

Ricotta stuffed chicken breast with pomegranate demi glaze served with herb roasted potatoes and summer vegetable medley

2. GRILLED ATLANTIC SALMON

Grilled salmon with basil oil, fresh herb rice pilaf and fresh asparagus

3. MARINATED FLAT IRON STEAK

Flat iron steak with tomatillos and red pepper salsa, herbed rice pilaf and fresh asparagus

4. ROASTED VEGETABLE STRUDEL

Roasted fresh vegetables baked into a flaky pastry roulade served with herbed rice pilaf and fresh asparagus

ASSORTED DINNER ROLLS

Served with sweet cream butter

DESSERT

Chocolate suicide cake • Strawberry cream cake

BEVERAGES

Allegro blend coffee • Allegro blend decaf coffee • Hot tea • Soft drinks
Complimentary alcoholic beverages

STUDENTS FREE • IFT MEMBERS \$15 • NON-MEMBERS \$20

Please RSVP by Thursday, February 15th to Cristina Munteanu at cmunteanu@gtcnutrition.com or 303-468-5085. Please include your dinner choice when RSVPing.

DIRECTIONS:

Fossil Trace Golf Club is located just 15 minutes west of Downtown Denver off of 6th Avenue.

FROM C-470:

Take C-470 to the 6th Avenue West overpass. This will drop you onto 6th Avenue West. You will take your 1st right onto Jefferson County Parkway then take 1st left onto Illinois Street. The clubhouse is located 5 blocks north, 1 block north of the round-about.

FROM I-70 Westbound:

Take the Colfax exit and turn southwest (right). Turn right onto 6th Avenue. You will travel approximately 1.1 miles and you will turn north (right) on Jefferson County Parkway then take 1st left onto Illinois Street. The clubhouse is located 5 blocks north, 1 block north of the round-about.

FROM I-70 Eastbound:

Take Exit 259 and turn left (northeast). Travel approximately 1.2 miles and take a left onto Heritage Road. You will meet a traffic light at 6th Avenue; travel through as Heritage turns into Jefferson County Parkway. Take 1st left onto Illinois Street. The clubhouse is located 5 blocks north, 1 block north of the round-about.



Ann Schimschal has been a member of the Rocky Mountain IFT for 7 years. She has been the Secretary for the past 5 years. After attending CSU and graduating with a Biology degree, Ann began working for a microbiology laboratory. This lab specialized in microbiological testing for the pharmaceutical, medical device and food industries. She loved learning about so many different products and companies. After working in the lab for over 3 years, Ann was offered a position with On Assignment, Lab Support. On Assignment, Lab Support is a technical recruiting company that places scientists and engineers in positions across the United States and Internationally. As an Account Manager, Ann learned about all kinds of scientific disciplines, from chemists to regulatory affairs to food scientists. She enjoyed meeting so many new people, helping both companies and individuals find each other, and learning about so many areas of science. After her daughter was born this spring, Ann turned in her saleswoman shoes for her lab coat again. She is currently working as a Microbiologist again. She is enjoying getting her technical knowledge up to speed and is glad to be back with her former lab. When thinking about what she enjoys most about RMIFT, she enthusiastically replies, "tours". Her favorite all time tours being Celestial Seasonings (where she takes all out of town guests) and the old Jolly Rancher factory (they gave out good samples for her sweet tooth). She looks forward to seeing all of you at upcoming meetings.

Flavia Vaness has been holding the position of RMIFT Treasurer since August 2006. Flavia moved here from Brazil in July of 2003 and finished her bachelor in Food Science and Human Nutrition with a concentration in Food Safety at Colorado State University. Flavia obtained most of her knowledge in Food Science and Human Nutrition in Brazil, where she started her career through work in Diabetic, Infant and Maternal Nutrition, and Nutritional Education. Flavia is currently a Food Technologist at the Rocky Mountain Spice Company where her responsibilities include quality assurance and product development. In September of last year, Flavia gave birth to her first child named Sophia. Flavia has done a great job as Treasurer, but is currently looking to step down from her role as Treasurer to spend more time with her daughter.

!! VOLUNTEER OPPORTUNITIES !!

Are you interested in becoming more involved with the RMIFT?? The RMIFT is currently looking to fill 2 executive committee positions:



Treasurer



Chair Elect (2007-2008)

Please contact Kris Zehren at kzehren@hain-celestial.com or at 303-581-1201 for more information or if you are interested in filling one of these positions.

We would love to have you join us!!



Upcoming

Events!

Mark your calendars!

2007 ROCKY MOUNTAIN SUPPLIERS' NIGHT

This year's expo will take place on September 20, 2007 at the Mile High Station in Downtown Denver. We are excited to have this year's expo once again at this venue. The Mile High Station is located adjacent to Invesco Field, and is a former Midwest steel and ironworks building dating back to the turn of the century. Exhibitors, please see our website for an application.

The golf tournament will be held once again at Fossil Trace Country Club on September 19, 2007. More information will be posted on our website.

Certificate of Merit

The Rocky Mountain Section has received a Certificate of Merit from the Committee on Sections for excellence in programming during the 2005-2006 program year. In order to be eligible, the program report must reflect a minimum of three meetings held during the year and 75% of our membership must also be national members. Our programming was reviewed with consideration given to innovative programming, scholarships, career guidance activities, and fiscal responsibility. Thank you to all who have contributed to the success of our section.



EMPLOYMENT OPPORTUNITIES

Please also check our website for more postings.

Our employment coordinator is Anne Craddock. If you have a job you would like posted on our website, please email Anne at anne@montblancgourmet.com

Please do not send resumes to Anne.

FIND THE
RIGHT . . .

- PERSON!
- POSITION!

POSITIONS AVAILABLE

None listed at time of this issue



RMIFT
ROCKY MOUNTAIN INSTITUTE
OF FOOD TECHNOLOGISTS
WEBSITE

www.ift.org/sections/rockymountain

Remember to check our web site for info on upcoming meetings, members, job announcements, food industry links & more!

Rocky Mountain IFT Newsletter is published in August, October, February, and April. The opinions expressed in this newsletter are the opinions of the contributors and do not necessarily represent the official position of IFT, nor of the Section, and should not be interpreted as such.

Rocky Mountain Section of IFT Dues Renewal

To receive the newsletter and stay informed you must be an RMIFT member! To ensure you continue to be a part of the action, complete this dues renewal form and mail it to the address listed. The RMIFT newsletter is distributed by e-mail so be sure to include your e-mail address.

(Some of you pay through National IFT and they will send us your information).

RMIFT Membership Form

(Dues run from Jan 1 to Dec 31)

Name _____

Company _____

Mailing Address _____

Phone _____

FAX _____

Email Address _____

Mail To:
Ann Schimschal
RMIFT Secretary
13218 Kearney St.
Thornton, CO 80602

Professional Member \$15.00

Student Member \$5.00

Make checks payable to: Rocky Mountain Section IFT